

COACHING STAFF

JODY STRITTMATTER

Club Director



Jody will run club practices and attend multiple tournaments during the year.

- Cadet Freestyle National Champion
- Cadet Greco National Runner-Up
- PA Freestyle Grand Champion Ring Winner (PA Freestyle Wrestler of the Year)
- PA H.S. State Champion
- 2X NCAA Champion for UPJ
- 4X All-American
- 2000 Big Ten Outstanding Wrestler
- 2X Big Ten Champion for the University of Iowa
- Assistant Wrestling Coach, UPJ
- 2010 PA Wrestling Hall of Fame

"Freestyle wrestling truly changed my wrestling career and LIFE. Making the PA Freestyle Team and traveling to Missouri and North Dakota for the Freestyle National Tournaments helped me tremendously. Beating multiple time state champions from other states while continuing to wrestle throughout the summer when my opponents were taking time off gave me the confidence I needed to become a state champion in PA. I hope everyone takes the time to look into Freestyle and Greco-Roman wrestling and the benefits you can gain from both."

~Jody Strittmatter

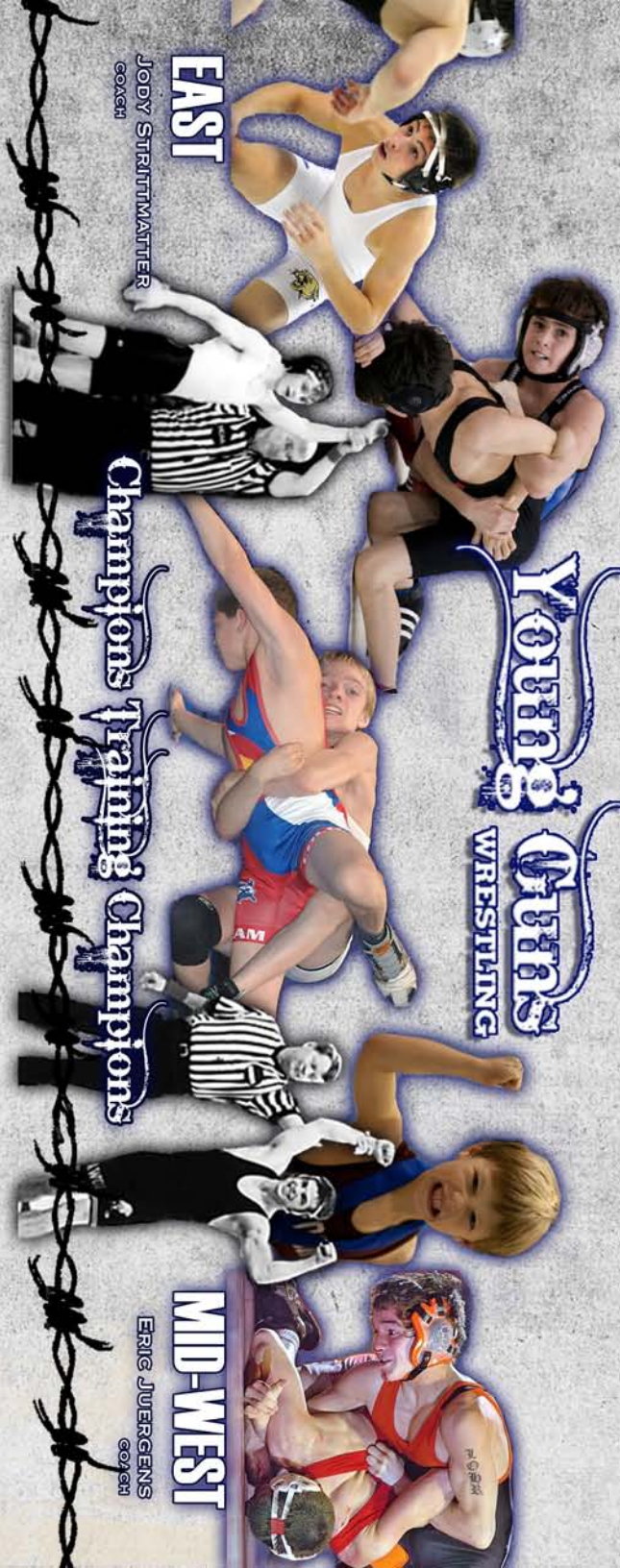
JOHN STRITTMATTER, Club Coach

- 1999 NCAA Champion & 1996 NCAA Runner-Up for UPJ
- 3X All-American
- NCAA Academic All-American
- Member of two Division II National Championship Teams (1996 & 1999)
- University Nationals - place winner in Freestyle.

JOEY STRITTMATTER, Club Coach

- PA State Place Winner
- 2x NCAA National Qualifier for UPJ
- UPJ Team Captain
- Assistant Coach at Everett H.S.

QUESTIONS - Contact us at jodystrittmatter@hotmail.com or 814.421.1481
www.younggunswrestling.com



EAST

JODY STRITTMATTER
COACH

Champions Training Champions

Young Guns
WRESTLING

MID-WEST

ERIC JUERGENS
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FREESTYLE/GRECO
WRESTLING



THE BEST
KIDS IN THE
STATE AND
COUNTRY ARE
WRESTLING
FREESTYLE.

ARE YOU?



ABOUT FREESTYLE (Please Read!):

If your goal is to be a State Champion or earn a college scholarship, freestyle wrestling increases your chances dramatically. If one kid wrestles 5 months a year and another kid wrestles 10 months, whom do you think is going to get better at a faster rate? More practice and matches will increase your technique, skill and mat strategy. More minutes on a wrestling mat will equal more wins. Are your opponents going to these tournaments and getting ahead of you?

Freestyle wrestling allows the best kids in the state to compete against the best kids in the nation. There are multiple national tournaments of all ages in freestyle where you compete against other states.

Freestyle wrestling can also help you earn a scholarship. The Junior National Tournament is the number one recruiting tournament for college coaches. If you can prove yourself against the top kids in the country, your chances of earning a college scholarship increase tremendously.

The time to learn freestyle is NOW!!! Whether you just want to improve your wrestling technique and skill, or want to become a state champion or place winner, or even have dreams to become a World or Olympic Champion freestyle wrestling is crucial to becoming successful. If you have high wrestling goals, freestyle wrestling has to be a part of your yearly schedule. We are committed to helping you learn freestyle and we are sure you will enjoy it and see the benefits from it in your upcoming seasons.

LOCATION 1

WHERE: Central Cambria H.S, Ebensburg, PA
Wrestling Room

WHEN: Practice 3 days a week (Sunday, Monday, Wednesday). First practice April 5th, 2010.

SCHEDULE FOR APRIL & MAY:

Sundays 4:30-6:00pm
Mondays 6:30-8:00pm
Wednesdays 6:30-8:00pm

HOW MUCH: April and May

1 kid - \$175
2 kids in a family - \$285
3 kids in a family - \$350

LOCATION 2

WHERE: Everett H.S. Everett, PA
Wrestling Room

WHEN: Practice 2 days a week (Tuesday & Thursday). First practice April 6th, 2010.

SCHEDULE FOR APRIL & MAY:

Tuesdays 6:30-8:00pm
Thursdays 6:30-8:00pm

HOW MUCH: April and May

1 kid - \$160
2 kids in a family - \$270
3 kids in a family - \$350

PLEASE NOTE: There is no discount for those coming to less than the weekly practices at your location or both months. We strongly encourage each club member to attend as many practices as possible but it is up to each individual to decide how often they want to come. **The fee is due by the second practice in April.** There will be a special discounted price for those wanting to practice at more than one location.

Try it out the first time for free!

FOR INFORMATION CONTACT:

JODY STRITTMATTER
jodystrittmatter@hotmail.com
814.421.1481
www.younggunswwrestling.com

LOCATION 3

WHERE: Franklin Regional H.S, Murrysville, PA
Wrestling Room

WHEN: Practice 2 days a week (Sunday & Wednesday). First practice April 7th, 2010.

SCHEDULE FOR APRIL & MAY:

Sundays 4:30-6:00pm
Wednesdays 6:30-8:00pm

HOW MUCH: April and May

1 kid - \$160
2 kids in a family - \$270
3 kids in a family - \$350

LOCATION 4

WHERE: Penn Trafford H.S., Harrison City, PA
Wrestling Room

WHEN: Practice 2 days a week (Tuesday & Thursday). First practice April 6th, 2010.

SCHEDULE FOR APRIL & MAY:

Tuesdays 6:30-8:00pm
Thursdays 6:30-8:00pm

HOW MUCH: April and May

1 kid - \$160
2 kids in a family - \$270
3 kids in a family - \$350

**FREE Young Guns Freestyle
T-shirt for those who sign up
before April 12th.**



This club is for all ages of wrestlers from any school district. The club is designated to make wrestlers better at the sport of wrestling and to create foundations for future champions. We all share the same vision. It is time to start getting better.