

ABOUT CAMP - This year Pennsylvania will host the Young Guns Travel Camp at Blairsville HS in Blairsville, PA. The camp will have wrestlers from the Midwest training with our wrestlers from the East in daily wrestling activities. Our PA wrestlers will also have the opportunity to host a Midwestern wrestler for the week. A discount will be given to host families.

*Confirmation letters will be sent out with a detailed itinerary for the trip including pick up and drop off information.

WHAT TO BRING - Campers should bring workout gear consisting of: wrestling shoes, shorts, t-shirts, socks, briefs, running shoes, stuff to shower and spending money.

WHAT IS THE COST -

\$350 before June 6th/\$375 after (Overnight)

\$250 before June 6th/\$275 after (Commuter)

-Save \$50 if your wrestler took part in ANY 2010 Young Guns program.

-Save \$50 if you host a midwest camper

-Cost INCLUDES a camp shirt for pre-registered campers only!

PRE-REGISTRATION DEADLINE -

Application must be postmarked by June 7, 2010.

100 wrestler limit. Deposit of \$100 due UPFRONT.

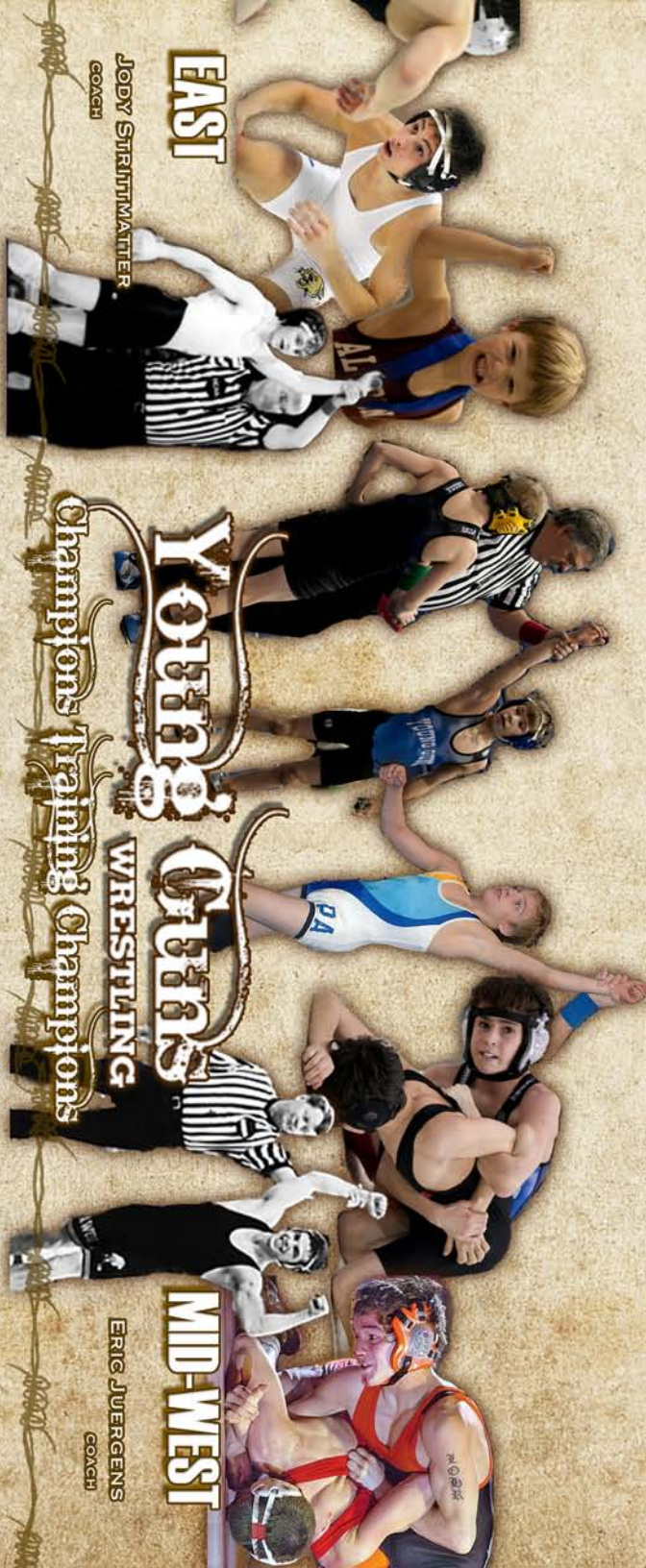
Remaining balance due by June 14th to reserve your spot.

ELIGIBILITY - Open to all ages of athletes including those who are eligible to enter college in the fall of 2010.

RULES AND REGULATIONS- Rules will be set for the campers. Each camper must follow these rules or disciplinary actions will be taken. Campers are responsible for vandalism or damage done to the facility.

HEALTH AND INSURANCE- Costs for the treatment of injuries and hospitalization for illness or injuries during the camps will be the responsibility of the parent or guardian of the participant. ALL participants must show proof of insurance!

QUESTIONS - Contact us at jodystrittmatter@hotmail.com or 814.421.1481.



Blairsville Wrestling Hosts:

Young Guns WRESTLING CAMP



TRAVEL CAMP

JUNE 21 - 25, 2010

**LOCATION: BLAIRSVILLE, HS
BLAIRSVILLE, PA**

CAMP DIRECTORS

JODY STRITTMATTER - CLUB DIRECTOR



- PA H.S. State Champion
- 2X NCAA Champion for UPJ
- 4X All-American
- 2000 Big Ten Outstanding Wrestler
- 2X Big Ten Champion for the University of Iowa
- Assistant Wrestling Coach, UPJ

ERIC JUERGENS - CLUB DIRECTOR



- 4X Undeafated H.S. State Champion with 144-0 record
- 2X NCAA Champion for the University of Iowa
- 4X All-American
- 2001 Big Ten Wrestler of the Year
- NCAA Freshman Wrestler of the Year
- Head Wrestling Coach, Augustana College

ADDITIONAL STAFF

JOHN STRITTMATTER - 1999 NCAA Champion & 1996 NCAA Runner-Up for UPJ, 3X All-American, NCAA All American, Member of the DII National Championship Team for UPJ (96' & 99')

JOEY STRITTMATTER - PA State Place Winner, 2x NCAA National Qualifer for UPJ, UPJ Team Captain, Assistant Coach at Everett H.S.

There will be additional staff members including UPJ wrestlers and past Young Guns Club members who now wrestle at colleges and universities across the country.

FOR INFORMATION CONTACT:

JODY STRITTMATTER
jodystrittmatter@hotmail.com
814.421.1481
www.younggunswrestling.com

CAMP BENEFITS

- Train with the Young Guns coaching staff who have helped develop multiple state and national champions at all weight classes and age levels
- Work with wrestlers from Iowa, Illinois, Wisconsin, Maryland, Michigan and Pennsylvania
- See and learn different regional styles
- Learn essential wrestling skills
 - Technique
 - Mental preparation
 - Pre-match and match routine
 - How to compete at you highest level
- Experience top-level training
- Individual tournament on the final day



CAMP PROGRAM

This camp will emphasize the finer points of wrestling technique. Some of the technique to be shown will include single legs, double legs, high crotches, front headlocks, breakdowns, pinning, leg riding, escaping from the bottom, and many others. The campers will also get a chance to try new technique they learn in live situations with the multiple dual meets leading up to the tournament.

REGISTRATION

POST MARKED BY JUNE 6TH
100 WRESTLER LIMIT
A \$100 DEPOSIT IS REQUIRED FOR YOUR RESERVATION



APPLICATION

Name _____
Email of Parents _____
Address _____
City _____ State _____ Zip _____
Phone (home)_(_____) _____
Phone (work)_(_____) _____
Parent or Guardian _____
School _____
Age _____ Wt _____ Shirt Size _____
Preference of who you woud like to host/room
_(Optional) _____

PARENT CONSENT & WAIVER OF RESPONSIBILITY

I grant permission for my child to participate in the Young Guns Wrestling Camp. If they are with an overnight family, I release them in the care of travel, to, from, and in general during the camp, and the family themselves as well as all workers involved with the camp. It is agreed that all risks attendant to watching an/or participating in camp activities, including, but not limited to bodily risk is acknowledged, approved, and agreed to by said camper and his parents and/or legal guardian as indicated by their signature hereto. It is also agreed to allow my child to be treated to while attending this camp, and I agree to assume all costs related to such treatment. I authorize the disclosure of medical information to my insurance company for the purpose of claim.

(Parent Signature)

(Date)

Please send your cpleted application form and check to:

YOUNG GUNS WRESTLING
1002 LEMON DROP RD.
EBENSBURG, PA 15931