

Young Guns Youth Camp

PRESENTED BY CAMBRIA HEIGHTS
WRESTLING BOOSTERS



LEARN THE BASICS AND ELIMINATE BAD HABITS BEFORE THEY START

Make sure your child develops proper positioning and technique from the start. Bad habits are hard to break as your wrestler develops their skills over time. There are plenty of wrestlers out there with multiple years of experience who still do not know the correct basic skills. These skills are vital for a solid base and are necessary in order for your child to have success in this very technical sport. Athletes can have success at a young age but without the basics they begin losing regularly as the years pass. The athletes with current positioning and technique end up champions. When your athlete masters positioning and technique they will learn what it is like to be a champion.

WHERE: Cambria Heights Elementary School
Carrolltown, PA

WHEN: July 19-22nd, 2010

COST: \$100 for pre-registered campers. Late registration - \$125

*Includes a camp t-shirt for pre-registered campers only

*Please bring your own lunch

PRE-REGISTRATION DEADLINE: July 9th, 2010

*postmarked by July 9th, 2010

CAMP DAY REGISTRATION: July 19th, 2010 - 9:20 a.m.

CAMP SCHEDULE: 9:30am -2:00pm daily at C.H. Elementary

REGISTRATION FORM

Name _____ Wt _____ Age _____

Address _____ City _____ Zip _____

Phone _____ Shirt Size _____ School _____

PARENT CONSENT & WAIVER OF RESPONSIBILITY

It is agreed that camp members, camp staff, camp instructors or camp organizers are not responsible for any injuries. It is also agreed that Cambria Heights School District is not responsible for any injuries. It is agreed that all risks attendant to watching and/or participating in camp activities, including, but not limited to bodily risk is acknowledged, approved, and agreed to by said camper and his parents and/or legal guardian as indicated by their signature hereto. Thank you.

Guardian/Parent _____ Date _____

Checks payable to: Jody Strittmatter
692 Lemon Drop Road,
Ebensburg, PA 15931

Questions Contact: Jody Strittmatter
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e. jodystrittmatter@hotmail.com

VISIT US ONLINE AT WWW.YOUNGGUNSWRESTLING.COM

